Women’s Health
Our residents staff an obstetric clinic with more than 600 deliveries per year. They deliver babies when on call and during the obstetrics rotations and follow their continuity patients throughout a pregnancy. Colposcopy, cryotherapy and LEEP are a part of the curriculum. All residents see women in their continuity panel and become facile at managing them at all stages of life. Our perinatologist is family-medicine friendly and provides excellent teaching.

Electives & Extras
First-, second- and third-year residents may choose from electives in medical or surgical subspecialties, locally or at other sites. Residents may elect a month of research. Opportunities abound to participate in health fairs and the free medical clinic. These may be used for the third-year project or to enhance other interest areas.

Evidence-Based Medicine/Research Curriculum
We introduce residents to the principles of information mastery as a general approach to literature assessment and we teach evidence-based medicine so that residents learn how to critique individual types of articles. This is done through seminars, journal club and pharmaceutical review and critique. Interest in research and academic medicine is strongly encouraged. A yearly research GME symposium takes place to highlight all the residency programs at CMMC. Residents have the opportunity to join faculty research projects or start one of their own. Our faculty and residents have published in many major family medicine journals.

Where we are

Pediatrics
The pediatrics rotation provides a balanced exposure to routine, acute and high-risk pediatrics, with residents rotating on the pediatric floor and following a panel of patients under the supervision of the Family Practice faculty and the pediatricians. During morning rounds, the resident manages normal newborns and also works in the intensive care nursery. The experience also includes:
- participation in pediatric ambulatory settings
- supervised care of neonatal/pediatric critical care patient
- exposure to community-based programs
- exposure to the pediatric cardiology clinic held monthly in the Family Medical Center

Pediatric Cardiology
Once a month, our residency holds a pediatric cardiology clinic under the supervision of Lee Beerman, MD, a national expert in the field. Residents learn to interpret murmurs, EKGs/echos under his teaching.

Practice Management
Residents are introduced to practice management issues during their first-year meetings and monthly didactic seminars. Practitioners in medicine, law, business and risk management teach the resident to begin thinking about eventual practice goals. We do yearly QA projects run by the residents to integrate the essential skills of project management and leadership into the quality of their practice of medicine.

Rural Medicine
Third-year residents take care of a panel of patients one half day per week throughout the senior year in a rural clinic. The patients come from the local area. Patients have a wide range of acute and chronic medical illnesses including coronary heart disease, diabetes, coal worker’s pneumoconiosis, COPD and hypertension. The resident becomes skilled in the management of these and other problems during this longitudinal rotation which exposes residents to a more private practice experience.

Surgical Subspecialties
Residents are exposed to surgical subspecialties (Ophthalmology, Orthopedics, Urology, Otorhinolaryngology) during longitudinal outpatient rotations.

Where we are

Conemaugh Health System
Conemaugh Memorial Medical Center
Family Medicine Residency Program

1086 Franklin St., Johnstown, PA 15905
http://gme.conemaugh.org/resident-programs/family-medicine-residency

August 2017
The Residency Mission

We educate Family Physicians to become broadly trained physicians with comfort in treating patients across the age spectrum. Our residents practice family-centered, compassionate yet cost-effective medicine. We teach skills for continuous learning and growth. All done in a beautiful, state-of-the-art medical center, nestled in the Laurel Highlands of west-central Pennsylvania. Conemaugh Memorial Medical Center (CMMC) is a Level I Regional Resource Trauma Center with a Level III Neonatal Intensive Care Unit. CMMC also performs both Cardiothoracic and Vascular surgeries and has state of the art robotic surgery capabilities.

Collaborative, not opposed
Conemaugh Memorial Medical Center provides training to residents in surgery, internal medicine, family medicine and emergency medicine. The residents all work together to enhance patient care and resident education. Having more residents enhances social opportunities and allows for the most advanced educational support such as our state-of-the-art Human Patient Simulator. Family medicine residents are well respected and not “second fiddle”.

Osteopathy
Our Family Medicine Residency Program is dually accredited by the AOA. All residents are exposed to osteopathic principles. OMT bedside rounds are held in the hospital and DOs perform OMT regularly.

Family Medical Center...The Model Office
The primary experiential site of outpatient training is the Family Medical Center (FMC). First-, second- and third-year residents are scheduled in the model office one, three and four half days per week and are supervised by full-time faculty and community preceptors. Our location adjacent to the hospital facilitates coordination of inpatient and outpatient care.

Procedures and Tests
Most common family medicine procedures are performed in our model office including: minor skin surgery and suturing, colposcopy, pap smears, gynecological exams and cryotherapy.

Critical Care
Two months in the first year are spent in the ICU/CCU. The resident becomes proficient at managing the critically ill. Daily morning teaching rounds with a full-time intensivists and a PharmD highlight the experience.

Emergency Department
In the second year, residents spend two months in our state-of-the-art ED. They manage all types of patients from those in full arrest to fractures or those needing sutures.

Family Practice Rotation
This rotation is a general family medicine service to which teaching faculty admit patients. Residents spend two months in the first year and one month in the second and third year on this service and are supervised by the senior resident and attending physician. Residents also follow their FMC continuity patients in the hospital under the supervision of the Family Practice faculty.

HIV Medicine
Our HIV Clinic is supported by the Ryan White Care Act. Residents will be well versed in HIV medications and how to manage the special needs of this population. The clinic holds a monthly interdisciplinary clinic.

Internal Medicine
Residents have additional exposure to adult inpatients on the Family Practice-Internal Medicine service. Two months are spent managing adult inpatients under the supervision of community family physicians.

Rotations
Cardiology
One month in the second year is devoted to cardiology patients. Residents perform holters, stress tests and interpret EKGs. Throughout the residency, they manage cardiac patients at the FMC and at the rural clinic.

Medical Skills Learning Center
CMMC residents have access to the Medical Skills Learning Center, one of less than 100 simulation labs in the world to earn accreditation from the American College of Surgeons. The Center’s well-equipped classroom, procedures room and simulation lab provides residents with state-of-the-art tools that help train them in everything from proper suture techniques to mass casualty emergency care.

Psychosocial
The psychosocial curriculum teaches patient assessment skills and provides ample opportunities to address the stresses of being a resident. Our residents train side-by-side with our psychology interns. They do both hospital and office-based practices. Led by our full-time psychologist, the didactic curriculum emphasizes the biopsychosocial approach to patient care and introduces residents to complementary medicine.

Residency Graduates
Graduates are found throughout the country with some working internationally. Our graduates practice in suburban, urban and under-served areas to meet the community’s needs. Many have gone on to fellowships. They are well prepared for office and hospital practice.

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